




# East Haddam Senior Center MAY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1.</p> <p>8:15 Pilates 1:00 Game Day 6:00 Wine Tasting</p>
<p>4.</p> <p>8:15 Pilates 10:30 Mah Jongg Inst. 12:00 B.P. Clinic</p>	<p>5.</p> <p>9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>6.</p> <p>8:15 Pilates 9:00 Casino 10:00 Coloring 1:00 Wii Bowling</p>	<p>7.</p> <p>9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help</p>	<p>8</p> <p>8:15 Pilates 8:30 Cora 1:00 Game Day</p>
<p>11.</p> <p>8:15 Pilates 10:30 Mah Jongg Inst. 1:00 Club Mtg.</p>	<p>12</p> <p>9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Crmwl. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>13.</p> <p>8:15 Pilates 10:00 Coloring 11:00 Mystery Lunch 1:00 Cornhole/ Wii</p>	<p>14.</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 Arts &amp; Crafts</p>	<p>15.</p> <p>8:15 Pilates 1:00 Game Day</p> <div style="text-align: center;">  </div>
<p>18.</p> <p>8:15 Pilates 10:30 Mah Jongg Inst. 1:00 Movie</p>	<p>19.</p> <p>9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>20.</p> <p>8:15 Pilates 10:00 Coloring TBD Red Hats 1:00 Cornhole/ Wii</p>	<p>21.</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Blood Drive</p>	<p>22.</p> <p>8:15 Pilates 8:30 Cora Msg. 1:00 Game Day</p>
<p>25.</p> <p style="text-align: center;"><b>CLOSED!!!</b> Happy Memorial Day</p> <div style="text-align: center;">  </div>	<p>26.</p> <p>9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ O.S. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>27.</p> <p>8:15 Pilates 10:00 Coloring 1:00 Cornhole/ Wii</p>	<p>28.</p> <p>9:00 Tai Chi 10:00 Knitting 10:30 C.OA. Mtg. 10-12 Computer Help 1:00 BINGO</p>	<p>29.</p> <p>8:15 Pilates 1:00 Game Day</p>